

# The Ultimate Ramadan Du'a List

1445 / 2024



the  
Cognate

# The Ultimate Ramadan Du'a List

compiled by  
ZULEKHA SHAKOOR RAJANI



PUBLISHED IN RAMADAN 2024

THIS PUBLICATION MAY BE REPRODUCED,  
DISTRIBUTED, OR TRANSMITTED IN ANY  
FORM OR BY ANY MEANS, INCLUDING  
PHOTOCOPYING, RECORDING, OR OTHER  
ELECTRONIC OR MECHANICAL METHODS,  
WITH OR WITHOUT THE PERMISSION OF THE  
PUBLISHER.

IF YOU WISH TO REACH OUT TO THE AUTHOR,  
PLEASE DROP IN YOUR MESSAGE AT:

[ZULEKHARAJANI1@GMAIL.COM](mailto:ZULEKHARAJANI1@GMAIL.COM)

[ZULEKHAMINDANDBRAINHOSPITAL@GMAIL.COM](mailto:ZULEKHAMINDANDBRAINHOSPITAL@GMAIL.COM)

OR ON INSTAGRAM & TWITTER AT:

[@ZULEKHARAJANI](https://www.instagram.com/ZULEKHARAJANI)

COVER IMAGE: PHOTO BY MUHSIN CK  
ON UNSPLASH.

# the Cognate

[www.thecognate.com](http://www.thecognate.com)

Email: [thecognate@gmail.com](mailto:thecognate@gmail.com)

[Facebook.com/TheCognate](https://www.facebook.com/TheCognate)

[Instagram.com/TheCognate](https://www.instagram.com/TheCognate)

[Twitter.com/TheCognate\\_](https://twitter.com/TheCognate_)

[YouTube.com/TheCognate](https://www.youtube.com/TheCognate)

## Assalamu alaikum,

Over the years, numerous individuals have reached out expressing how this book has been instrumental for them, serving as an effective conversation starter on the topic of personal duas. Many have shared that they resonate with the feeling of missing something in their dua practice, acknowledging that they have seen some able to do it more naturally. It's a common sentiment among those who find themselves easily distracted during making dua, often attributing it to life's distractions, feeling overwhelmed, or struggling to find the right words to say. If you've ever sat down to pray only to find your mind wandering within seconds, you're not alone.

The essence of this dua book from the very beginning was to extend a helping hand to the individuals mentioned above. It's designed not just as a tool, but as a companion on your spiritual journey. It aims to spark conversations within your heart, reminding you of the multitude of blessings and requests you can seek from Allah. My heartfelt suggestion is to approach this book not as a task list, but as a treasure trove of reflections waiting to be discovered and for the requests to be internalized at the very core of you.

Take a moment with each supplication, allowing its essence to seep into your soul. Let it resonate within you, touching upon your deepest desires, aspirations and hopes. Take the time to ponder the meanings behind your duas, and let them become a heartfelt conversation between you and our Creator, Allah. May these moments of connection be a source of comfort and guidance on your path.

**Zulekha Shakoor Rajani**

# Du'a

Du'a plays a vital role in Islam. The Prophet Muhammad صلى الله عليه وسلم said: “Du'a is worship”.

This hadith puts the act of supplicating on a pedestal. And since the blessed month of Ramadan has the greatest night of the year; Laylatul Qadr (which one needs to search in the last ten nights of the month) which is equivalent to 83 years and 4 months, it's better to prepare for the big night by not missing on anything that we want and need.

Du'as from the Qur'an and Sunnah definitely guide us and help us ask Allah, like one scholar mentions, du'as from the Quran are those that have worked before as a key to a lock so it's better to try this key before trying any other. But one thing that's often forgotten about du'a is that it is direct communication with Allah, where you pour your heart out asking everything that you need.

## Why a Du'a List?

Have you ever felt an overwhelming feeling when you sit down to make du'as and feel like, where do I begin with? Should I start with myself, my family, my children, that uncle of mine who is battling cancer or the ummah that's bleeding every day? This confusion makes us distracted and as we know, du'a cannot be done in a distracted manner, as the Prophet (SAWS) said in a hadith narrated by Abu Huraira (RA): “Make du'a and be assured of being answered, and know that Allah does not answer a du'a from a careless heart which is not concentrating”. (Tirmidhi).

Have you noticed how making a list of things and chores allows us to focus on doing them completely instead of doing everything altogether and ending up not doing anything at all?

Similarly, by making a du'a list of all our wishes and desires, aims and goals, we will not forget to ask Allah. One could repeat this again and again, consistently. It shows how eager we are to get them answered and fulfilled.

There is no doubt that sincere du'as created by yourself, taking into account your personal situation are the most meaningful. However, perhaps there are also many du'as that are just as important to you but for various reasons you are not able to put them together. Perhaps you lack the time, the ability to word them concisely or simply don't have the energy to mentally think of each du'a because you are lost or tired. 1

And so, here is the 'The Ultimate Ramadan du'a List'. It is more so an idea, an inspiration for those that want to ask a lot but usually forget or don't know where to begin with. This is a compilation of various du'a lists that I have either come across myself or have had shared with me. Having a comprehensive list will improve your productivity and ensure that you do not forget any du'a. This list has been categorised so you can easily prioritize and allocate sections for certain times if needed.

Note: A must-read before you get the list! Here are our top tips to help you maximise your efforts and increase your chances of getting your du'as answered.

1. Set aside a specific time to make these du'as and limit distractions. Plan it out using the various categories if you can't do all of it in one go. For example, for family, friends, neighbours, ummah – Tahajjud time, for spouse, children, deceased, and sick before Iftar.
2. It is from the sunnah to repeat your du'a 3 times.
3. It is from the etiquette of du'a to make it in a moderate voice. Not too loud, not too low.
4. Some aspects of making du'a that are recommended include:
  - Facing the qiblah and raising hands.
  - Sincerely repenting for your sins, both major and minor, so that you are in a state of humility before you begin and also because sin is one of the reasons why du'as are not answered.
  - Calling upon Allah using His beautiful names and attributes at the beginning of the du'a.
  - Praising Allah, begin and end your du'a by sending Salaam on Prophet Muhammad (SAWS).
  - During supplication (du'aa'), it is recommended to lower the gaze in humility and avoid looking up to the sky.

5. Remember that the reply of du'a comes in these forms:

- It gets accepted right away.
- It gets accepted later, not immediately.
- Some difficult/trouble/evil/harm is waved off.
- It gets replaced with something better.
- It gets converted into good deeds and helps our balance of deeds on the Day of Judgment.

6. Make du'a for your friends and the ummah. Angels will make the same du'a for you. It is an absolute win-win situation.

7. Du'a is a form of Worship. You get rewarded for making du'a. This itself should be reason enough for us to be constantly engaged in making du'a.

8. When Allah mentions du'a in the Qur'an, He establishes a direct connection with you. Usually, Allah commands the Prophet Muhammad (SAWS) to "tell it" to the people. But when it comes to the verse about du'a "qul" is removed. This conveys pure Tawheed. Du'a makes a "direct" connection between you and Allah, not even Prophet Muhammad (SAWS), no messenger, no wali is between you and Allah.

Subhan'Allah, take a moment and visualize a pure, direct connection that is established between you and Allah whenever you start making du'a.

9. Du'a is more likely to be answered in Sujood, before Tasleem in Fard Salaah, between Adhan and Iqama, before breaking fast, 1/3rd end of the night also known as Tahajjud or Qiyaam-Ul-Layl, when it rains, when a rooster crows (for it has seen an angel), the time between Asr to Maghrib on Jumu'ah, to name a few. Learn to combine these.

Example – Dua in Sujood during Ramadan at Tahajjud on the possible odd nights of Laylatul Qadr.

10. Know that Allah is shy and will not return a servant empty-handed. Salman Al-Farsi (RA) narrated that the Prophet (SAWS) said: "Indeed, Allah, is Hayy, Generous, when a man raises his hands to Him, He feels too shy to return them to him empty and rejected." [Tirmidhi]

11. Make du'a with sincerity & humility. You must ensure that your heart/Qalb submits totally, sincerely and wholeheartedly to Allah. Allah does not listen to an absent heart. Humble yourself before Allah whilst making du'a, confess your sins.

12. Make du'a with Yaqeen and certainty. Make sure you put your faith in the du'a and be positive that Allah will answer it. Have Tawakkul - this is going to happen! Don't say I don't know if this is going to work, be firm and don't be hesitant that Allah will not answer you.

13. Allah gets angry when you do not ask him or make du'a to Him. The Prophet Muhammad (SAWS) said: "Whoever does not call upon Allah, He will be angry with him." (Sunan Ibn Majah)

14. Du'a is your weapon against everything and everyone.

15. Only du'a has the power to change Qadr/Destiny. Make du'a that if there are hardships written in your qadr that Allah replaces them with blessings instead.

16. Your du'a is more likely to be accepted if you constantly and sincerely repent. Repentance cleanses you of your sins and you are in a purer state when you plead Allah.

17. Be Patient. Do not be in a haste. Keep negative thoughts concerning your du'a and Allah at bay. Erase them totally if possible.

The Prophet (SAWS) said: "(The du'a) of any one of you will be answered so long as he is not hasty in seeking a response and does not say, 'I prayed but I have not had a response.'" (Sahih Al Bukhari & Sahih Muslim)

18. Make sure that when you make du'a, you are focused and it is with complete sincerity. This is the most important condition, don't read off the list like a robot (the only outcome of this will be a loss of your time and wasted effort/energy). Engage your heart and truly mean the words you read. Also, have a deep certainty that He (Subhanahu Wa Ta'ala) will answer your du'as. Do not allow any room for doubt.

19. If Allah granted the du'a of Shaytan, do you think he will not grant your du'a?

Remember, some Salaf made du'a for 20 years and were still hopeful that their du'a will be accepted and responded to. Always remember this if you tend to get impatient



# The Ultimate Du'a List

## Duas for Character Development, Personal Growth, and Well-being

Ya Allah, let our Emaan radiate from our hearts and faces; allow our Eeman to touch others' hearts. Protect us from shirk, and help us be steadfast on tawheed. Protect us from showing off, protect us from kibr, protect us from hypocrisy and protect us from any evil that would reduce our hard-earned deeds. Ya Allah, make us humble and respectful and prevent us from hurting others.

Ya Allah, let me love You as You deserved to be loved and let me fear You as You deserve to be feared, and let me leave this world serving Your creation for Your sake. Ya Allah, grant me knowledge that is beneficial, be it that of deen or duniya. Help me contribute back with what you have blessed me with towards humanity at large. Help me not use my skills and knowledge in things you are not pleased with.

Ya Allah, increase me in gratitude towards You alone. Grant me softness in speech, and protect my tongue from lying, backbiting, and hurting others.

Ya Allah, grant me beautiful patience and obedience to you. Help me see my faults and cover them from others. Allow me to speak with wisdom just like the Prophet (peace be upon him). Help me be courageous, confident and a positive person who makes the correct decisions at the right time.

Allah, help me to say words of truth in the face of the mighty, Ya Allah, protect us against the evil of our tongues and lead us to the best character.

Ya Allah, do not take away my happiness when you bless me with wealth, and when you bless me with might, do not take away my wisdom. And when you bless me with success do not make me those that are arrogant, increase me in humility. Ya Allah do not make me despair and feel hopeless in any defeat that comes my way.

Ya Allah, teach me to love others as I love myself. And teach me to judge myself as I judge others. And teach me that forgiveness is one of the greatest steps toward strength.

Ya Allah, Forgive my transgressions of Your commands. Ya Allah grant me victory over my shortcomings. Oh Allah, help me conquer and stop my bad habits of over indigent eating and talking too much (mention your bad habits).

Ya Allah, please don't let me forget you in this Dunya. Keep guiding my steps back to you, Grant me a heart filled with tranquillity, peace, I beg that you not exclude me from your compassion.

Ya Allah, Bless me with happiness in this dunya and akhirah, protect me from sadness, depression and anxiety.

Ya Allah, increase me in the knowledge of deen, help me strive to understand Qur'an, and other areas of knowledge just the way we strive for the knowledge of the world. Translate my knowledge into actions that will help me get closer to you.

Ya Allah, bless barakah in every pocket of my day, from the time I spend fulfilling my roles and responsibilities at home, from the time I spend learning deen, or the time I use to work and volunteer for causes, from the time I spend with my family or the time I spend in Ibadah. Pour Barakah into every fragment and section of my day and life. Help me do more and more within the limited time I have in my life before I come back to you.

Ya Allah save me from diseases that have become a common name in every household, blood pressure, diabetes, allergies, and cardiovascular issues. Save me, my body, and my mind from every form of physical and mental disease ya Rabbi. As long as I live save me and every part of my body that will break my strength and morale with diseases. If there is an onset undo the damage ya Rabbi, Help me live an active and healthy life. Help every faculty of mine age in Islam. Make workouts easy for me. This body is an Amanah, help me take care of this gift and Amanah in the best way possible.

Ya Allah, we beg you to not punish us with trials and tribulations in any form, in the guise of diseases and pain due to our sins. Help us repent and make us clean slates each time we repent to you after faltering due to our nafs and the whisperings of Shaitaan. Make sins difficult and impossible for us to commit, but when we do commit help us with tawfeeq to repent it in a way that it is off our bad deeds and chart.

## For Iman

Ya Allah, help me establish my Salah on time, help me pray my Sunnah and Nafl. Help me establish a special connection with you during Tahajjud time when you come to the first sky. Ya Allah, attach my heart to your Masjid and help me pray on time. Ya Allah, provide me with Khushoo' and Ikhlas in my ibaadahs.

Ya Allah, purify my intentions and take away any false aspirations and intentions I may have developed, take away the diseases of the heart. Help me to draw nearer and nearer to you as my end is close.

Ya Allah, make the Quran the light of my heart, the light of my soul and my companion in both worlds. Ya Allah, Guide me to the Sirat al-Mustaqim until my last breath and never let me deviate into shirk, kufr or bid'ah. Protect me, my family and my children and my progeny from this evil.

Ya Allah, allow our Quran and Salah to be a barrier from hell, allow it to be a barrier from the torment of the grave. Allow it to be our ransom from hell.

Ya Allah, safeguard us from the ill effects of the Kufr environment we live in, safeguard our bodies, mind, soul, wealth and progeny from getting corrupted.

Ya Allah, help me fast with ease, give zakat with ease and help me visit your house for hajj and umrah often.

Ya Allah, save me from lies which sadly come too easily to my tongue, save me from hypocrisy, that which will make me burn in the lowest of low hell.

Ya Allah, bless each and everyone who has taught me something beneficial, knowledge of this Dunya and Akhirah. My parents, my spouse, teachers, friends, siblings, relatives and so on. Anybody who has lend their ears and instilled courage and tawakkal in me when was low in life. Anybody who has helped and provided avenues to me when I was in utmost need of it. Anybody who has reminded me of Your verses and signs that reflects your unconditional love and mercy unto me and us. Anybody who has helped me draw closer to you, bless them with khair and aafiyah in the matters of this world and the hereafter.

Ya Allah, you make people means of others happiness, help us be your instruments of da'wah and support. Help us be those ideal Muslims who subconsciously inspire the hearts that are sick.

Oh Allah, make every single aspect of my life be for You and in service of Your creation. Please remove all false intentions that I have.

Ya Allah, grant me the modesty of clothing and speech in front of people who aren't my maharam. Help me leave behind a legacy based on humility, goodness and the right Deen.

Ya Allah, you have cursed women who get tattoos done, who pluck their eyebrows, who file them or make gaps between them for the purpose of beautification. Help us stay away from them and if we have ever committed this forgive us and grant us the strength of never doing these again.

Ya Allah, grant me correct aqeedah, excellent memory and an understanding of the deen with daleel. Help me in the memorization of your word and aid me in spreading its good. Ya Allah, save me from the fithna of people. From their force to take part in shirk, biddah and occasions of extravagance.

Oh The Ever-Living, The Sustainer, I seek assistance through your mercy, rectify all of my affairs and don't entrust me to myself even for a blink of an eye.

Ya Allah, increase me in health, beauty and ability. Help me manage my time in a productive manner. So when you question me about my time, I'm not ashamed of the days I've wasted my time on futile things.

Ya Allah, give me the ability to forgive all those who have hurt me in word and deed, and please help others to forgive me those I have hurt in word and deed. Heal the damage in the relationships within our families, and friends. Help us reconcile with those we are not on good terms with.

Ya Allah, protect me from violating the rights of others, preserve me from this sin and uphold me in status, uphold me and reform me to fulfil my duties as a Muslim.

Ya Allah, please get me out of the debt that is burdening me. Please give me means that are Halal (Islamically permissible) to get out of that which bogs me down day and night. The kind of debt that will come between my good deeds to benefit me in the grave, so that I can face You on the Day of Judgment free of all debts.

Ya Allah, grant me the ability to learn, understand, write, speak and convey the Arabic language better and better every day.

Ya Allah, bless me Aafia (ease) and Falah (success) in everything that I do. Aafia in my health, wealth, family affairs and the matters of my well-being.

Ya Allah, grant us the tawfeeq to make istighfaar continuously. Give us the guidance to ask from you before we ask anyone else.

Ya Allah, reunite us with our loved ones and family in Jannah. Whether they be related to us or not, give us the opportunity to bring people up levels to be with us in Jannah.

Ya Allah, put Shifaa in the words we utter of yours, give Shifaa in our prayers we pray for others, give Shifaa in our hands, give Shifaa in our attempts to help others.

Ya Allah, don't test us with loss, don't test us with loss of lives, loss of parents, spouses, children, siblings, family and/or anyone close to us. Allah do not test us with disease and sickness, don't test us with shirk and bid'ah, Ya Allah, don't test us with loss of lives in a way we are not able to bear, loss of health, wealth, love, relationships and things that are valuable. Don't test us in any way that may falter our iman.

Ya Allah, grant me the strength to battle laziness and sleep, so I may wake up for Tahajjud and Fajr every day.

Allah, please keep us steadfast in our iman at times of trials and tribulations. Do not let our emotions get the better of us.

Ya Allah, give us the ability to stand up against the wrong, give us the hikmah to correct the wrong in a beautiful manner and help us not bring ill in those hearts that we wish to change.

Ya Allah, cleanse our hearts from hypocrisy, lies, grudges, and jealousy against each other. Help us love people unconditionally and help us make dua for them sincerely. Help our du'as take action for others and bring barakah in our du'as for them and us.

Ya Allah, guide us to ask from you, teach us the right way to make du'a, teach us the way to ask that you'd never deny.

Ya Allah, do not allow shaitan or his followers to put discord in our relationships. Do not allow them to ruin any of our relationships, may it be between spouses, parent and child, child and parent, in-laws and extended family, student and teacher, employee and colleagues, employee and boss, between friends, sibling and sibling and any and every other relationship known to you.

Ya Allah, help me honour people's Amanah, help me protect it as it has to be protected. Guide me to be honest and steadfast.

Allah, our ultimate return is to you, there is no escaping that. Provide for us the ability to present to you a Qalb-e-Saleem.

Ya Allah, grant me beautiful patience to deal with whatever trial you've written my way.

Ya Allah, bless me with happiness in this dunya and akhirah, protect me from sadnesses, depression and grief. Allah favour me with the ability to purify my soul, Ya Allah favour me with the ability to do tazkiyah (introspection) of my soul throughout the journey of my life. Grant me the ability to return to you clean and pure.

## Duas for Those Struggling with Iman

Ya Allah, my heart aches and my soul weeps for those whose hearts that are yet to know and feel your mercy, love and guidance. For the hearts who are still wandering in darkness and have not found peace, just the way a child finds peace in the embrace of his mother. I pray for those hearts that are lost and who may have lost their way amidst the trials of life which was only supposed to be a means for them to come back to You and hold on to Your rope tight. I pray from the bottom of my heart for these aabid and aabidah (worshippers), for their hearts (qalb) to be illuminated with the radiance of Your mercy, for their (Aql) minds to be opened to the truth of Your existence, and for their souls (Ruh) to be filled with the longing to return to You. I pray for their Nafs to ascend from the base level of Nafs Ammarah, driven by desires, to the tranquil state of Nafs Mutma'innah, as is mentioned in the Quran. Ya Allah, grant them the spiritual elevation in Maqaam and inner peace of the heart (Sukoon e Qalbi). Be it from my family, my friends, my colleagues, neighbors, acquaintances or from the Ummah at large.

Oh Allah, in the depths of my soul, I find myself grappling with the realization that I am not always the exemplary ambassador of Islam that I aspire to be. When I see your creation immersed in shirk, it pierces my heart with deep pain, anguish and sorrow. I feel the weight of the responsibility to convey the beauty and truth of Your message, of Islam yet at times, I falter and fall short.

Oh Merciful Lord, ease the journey of those who are seeking You, guide their steps along the path of righteousness, and envelop them in Your boundless love and compassion. Grant them the strength to overcome the obstacles that hinder their return to You, and bless them with clarity of vision and steadfastness of Emaan.

Ya Allah, I implore You to shower Your mercy and guidance upon those who are contemplating a return to You, to envelop them in Your loving embrace, and to fill their hearts with the peace that only comes from being close to You. Grant them the courage to take the first step towards You, and bless them with the support and guidance they need along their journey back to You.

Oh Allah, as I offer these heartfelt supplications, I beseech You to make me an instrument of Your Dawah. Empower me to fulfill my duty as a good ambassador. Grant me the strength and wisdom to convey Your message with sincerity, non-judgmentally and compassionately, and to be a source of inspiration and encouragement for those who are seeking You.

## An earnest personal plea

In the depths of my soul, I find myself enveloped in a profound longing for Your love (Muhabbah) and closeness (Qurbat). It's a yearning that transcends words, an ache that echoes through the deep chambers of my heart. Forgive me, O Allah, if my feeble attempts at expression fall short of conveying the depth of my longing of closeness to You.

You are the One who knows the secrets of my heart, the struggles that I bear, and the tears that I shed in the darkness of the night, hiding from your creation no matter how close they are in relationship and closeness to me. You are the One who sees beyond the masks I wear, understanding the depths of my pain even when I cannot articulate it myself.

How many times have I cried out to You in the silence of my soul, seeking solace in Your embrace? How many nights have I spent in prayer, pouring out my hopes, my fears, and my deepest desires to You, knowing that You alone can truly understand?

And yet, even in my moments of despair, You are there, guiding me with Your light and comforting me with Your mercy. Your love is a balm for my wounded heart, a source of strength that sustains me through the darkest of days and bleakest of nights.

O Allah, I confess my weakness before You, acknowledging my flaws and shortcomings. I am but a humble servant, utterly dependent on Your grace and Your mercy. Yet, even in my imperfection, You love me unconditionally, embracing me with Your infinite compassion.



Grant me, O Allah, the strength to endure the trials and tribulations of this world with patience and resilience. Help me to find solace in Your presence, knowing that You are always closer to me than my jugular vein, guiding me along the path of righteousness.

And when the burdens of this world become too heavy to bear, lift me up with Your compassion and remind me of Your eternal promise of paradise. For in Your presence, O Allah, I find true peace and contentment, knowing that You are the ultimate source of all goodness and mercy.

My Beloved Allah, accept my humble plea, and draw me ever closer to You. For in Your closeness, I find refuge from the storms of life, and in Your love, I find the strength to carry on.

O Allah, I am but a speck of dust in Your infinite universe. Humble me with love and take away the narcissistic and arrogant traits that I may display to your creation from time to time. Your glory transcends all comprehension, and Your greatness fills every corner of existence. In Your sovereignty, I long for Your guidance and mercy.

Forgive me, O Allah, for the sins that tear at the very fabric of my soul, for the missteps that bring turmoil into my life, and for the moments of weakness that cloud my path. Each transgression weighs heavy on my heart, a constant reminder of my imperfection and my need for Your forgiveness. In the depths of my despair, I turn to You, seeking solace and redemption.

O Allah, I long to draw near to You. I yearn for Your forgiveness, to bridge the gap between my flawed existence and Your perfect mercy. Grant me the strength to endure the trials of life with patience and fortitude, and the wisdom to recognize Your blessings amidst the hardships.

In the darkness of my soul, I find myself grappling with doubt and uncertainty. Yet, in the depths of my despair, I cling to the flickering light of Your remembrance, knowing that it alone can guide me through the storm. Help me, O Allah, to hold onto faith in the face of adversity, to trust in Your divine plan for me even when the path ahead seems obscured.

O Allah, Your power is unmatched, Your wisdom beyond comprehension. In Your hands, I place my hopes and fears, my joys and sorrows. Grant me the strength to surrender myself completely to Your will, to accept whatever trials You decree with patience and humility.

I have wronged myself, O Allah, and in my weakness, I have strayed from the path of righteousness. Yet, in Your infinite mercy, You offer me the chance for coming back to you and correcting my ways. Help me to turn away from sin and to walk steadfastly in Your light, guided by Your love and mercy.

In You, O Allah, I find solace and refuge, comfort and strength. In Your remembrance, I find peace for my troubled soul, and in Your forgiveness, I find hope for a better tomorrow. Guide me, O Allah, along the straight path, and keep me steadfast in my faith until the end of my days.

My Beloved Allah, In this humble supplication and plea, I come before You, entreating You by Your lordship, the ultimate authority over all creation. O My Protector, I beseech you to save me from the torment of punishment since I have witnessed Your mercy, which you have been bestowing upon me in the past.

My Protector, I beg you to save me from the flames of the Fire that will inflict pain upon me since I expect and have witnessed Your abundant grace and mercy enveloping myself. And let not the groans of the Fire encompass me, while You, O Allah, are fully aware of my weaknesses and my struggles, the way I strive to make myself better each day while struggling.

O Allah, I beg you to not lower my levels while You know the sincerity of my heart and deeds. Ya Allah I beg you not to bring decline in my blessings, and in the sudden onset of your anger and punishment while I am constantly keeping my tongue and heart moist with seeking Your forgiveness (astagfaar)

Ya Allah I affirm with certainty that I am not of those who deny Your oneness. O Majestic One, you have declared from the very outset of Your kindness, that you will bestow favors upon those who turn to You in humility. Please register me and my loved ones under them and bestow the goodness of both the worlds.

## For the People of Gaza and Falasteen

Ya Allah, ease the suffering of our brothers and sisters in Falastin. Grant them strength and patience during these difficult times. Provide them with sustenance, protection, and hope. Help them find relief from oppression and injustice. Grant them victory over their oppressors and establish peace in the blessed land of Al Aqsa.

O Allah, shower your mercy upon the martyrs of Falastin. Forgive their sins, elevate their ranks in paradise, and grant them peace and tranquility in the afterlife. Comfort their families and loved ones left behind, and grant them patience and solace in their grief.

Ya Rabb, bring on us rulers that fear you, the likes of the Khulafa-e-Rashideen. Grant the leaders the Furqan, wisdom and compassion to govern fairly and honestly. Protect the innocent from the tyranny.

O Allah, unite the hearts of the Muslim Ummah in solidarity and support for our brothers and sisters in Falastin. Inspire us to take meaningful action to alleviate their suffering and work towards a just and lasting solution to their plight. Strengthen our resolve and determination to stand up against oppression wherever it may exist.

Ya Allah, grant strength and perseverance to the activists, aid workers, and volunteers who are tirelessly working to help the people of Palestine. Bless their efforts, multiply their impact, and grant them success in their noble endeavors.

O Allah, protect the land of Falastin and its sacred sites from harm and desecration. O Allah, the Protector and Guardian of all lands, we beseech You to envelop the land of Palestine in Your divine protection. Shower Your mercy upon this sacred land and safeguard its sacred sites from harm, desecration, and injustice. It is a land that has been where many prophets have walked on. O Allah, grant the land of Falastin enduring tranquility, prosperity, and freedom from the tyrant forces

Ya Allah, hasten the day when justice prevails in Falastin and all oppressed peoples around the world. Bring about an end to the tyrant occupation.

Ya Allah, Al Hayyu, Qaiyoom we stand before You with humble supplications, our hearts heavy with the weight of the world's injustices, our spirits yearning for Your divine intervention. In the depths of our souls, we echo the cries of the oppressed, the marginalized, and the downtrodden, beseeching You to hear our plea.

Ya Allah, from the depths of our beings, we implore You to handpick from the lineage that You have blessed us with, individuals who will rise with unwavering resolve to champion the cause of justice. We Beg you to use from our progeny those who will fearlessly confront tyranny and oppression, those who will uphold the sanctity of fairness and righteousness in a world plagued by darkness and oppression.

With every fibre of our being, with every cell and the last drop of blood, we acknowledge Your divine wisdom, O Most Merciful and Just. We recognize that You alone possess the knowledge of what we know not off. We beg you to bring from our progeny those who possess the courage, integrity, and compassion necessary to lead the charge for justice. And we pray our descendants and lineage is full of men and women you choose for your causes.

Ya Allah, with Your infinite mercy and boundless grace. Shower Your blessings upon our progeny, nurturing within them a deep-seated commitment to justice and equity. Bless them with the resilience to withstand the trials and tribulations that accompany the pursuit of righteousness, and the humility to recognize that true greatness lies in service to others for Your sake alone

O Allah, along the path of righteousness and truth. Illuminate our hearts with the radiant light of Your guidance, so that we may navigate the complexities of this world with clarity and conviction. Grant us the strength to resist the temptations of injustice and the wisdom to discern right from wrong in all our actions.

Oh Allah, as we lift our hands in Duas, we beg You to accept our heartfelt plea. Grant us the honour of witnessing our descendants stand as beacons of hope in a world immersed in shirk, batil and fitan here and in the hereafter.

## Prosperity, Well-being in Work, Wealth, and Sustenance

Ya Allah, provide us job/business avenues that are halal. Help us contribute back to society in a productive way.

Allah you provide, provide for us sufficient rizq multiplied ten folds. Provide for us in such a manner, that we shouldn't be dependent on anyone.

Ya Allah, bless me with leaders and colleagues that are just in nature. Soft who understand us, who do not exploit our service unto them.

(If you are a leader/head): Ya Allah, help us understand people, their needs, help us create a positive environment for those under me to work as per Islamic guidelines. Help me pay their salaries/cheques on time, just as our dear Prophet s.a.w encouraged us to give the worker its due before the sweat dries. Help me treat each of them with respect and dignity and value each of their time like my own. Guide me to be a leader with tenderness and in words and actions so I don't repel them but bring them closer to Islam with my mannerisms.

Ya Allah, bless us with work that does not make us choose between our families and growth. Help us bag work or startup that will help us prioritize our family, spouses and children. Help us deconstruct the western concept that work is the only thing that defines us. Help us prioritize our relationship with you, with our family, and work in the right way.

Allah you bless us with finances, then bless us with the ability to do more charity. To help those who are dependent on the rizq you give us. Ya Rabb, you are Ar- Razzaq, provide those around me who are underprivileged, make things easy for them and open the doors of their sustenance.

Ya Rabb, help us earn Halal and spend Halal and pour barakah in our wealth and earnings.

Ya Allah, protect what belongs to us, give barakah in it, and safeguard our wealth from the ones who want to see a decline in it, or want to own it wrongfully.

Ya Allah, you are Al Fattah, the opener, make means of rizq from the directions that we hadn't even thought of. Make things easy for my siblings, parents, family, friends, and people from the Ummah who suffer from low sustenance, losses, and debts. Bless us as a community in abundance.

Safeguard us from people who come to loot us in the name of Halal investments. Help us invest in the halal and grant us the wisdom to make the right choices.

## Duas for Holistic Health and Wellness

Ya Allah, provide us with good health, take away all our ailments; restore the damage done to our bodies. Allow us to age in Islam, with our rukoo' and sujud. Give us the strength in our bones and joints when we are older so that we may worship you the same way and more.

Ya Allah, cure us, our spouses, our parents and grandparents their parents, our siblings, our friends, our extended family, our neighbours and our ummah. Forgive them their sins and accept them with every inch of effort.

Ya Allah, help us take advantage of our youth, of our good health. Help us be grateful to you for the same. Bless us with Shifaa if we fall sick and reward us for enduring the pain and suffering during the illness or disease you test us with.

### For Protection

Ya Allah, provide us with happiness, take away the hasad (jealousy). Take away the ayn, take away every evil that's cast on us which compromises our happiness, health and welfare. Allow us to be happy and content with whatever you have to offer. Undo the damage that the hasad and ayn has caused.

Ya Allah, protect us from ayn / hasad/possession / magic / enemies /haters / calamities / curses / depression /oppression / disease/ shayateen of men and jinn, and all forms of evil.

Ya Allah, protect us from all sorts of sickness and disease, may it be big or small. Keep us far from it, our family, our parents, our children, and our progeny. Protect us from the deadly diseases physical, and psychological, and those which we consider small. Keep us healthy and all our family members. Allah with you lies the perfect cure, so cure those who are sick and gift them a second chance to be guided to your path.

Ya Allah, keep us safe from the fear, anxiety, and terror of Qiyamah.

Ya Allah, protect us from the sicknesses of the heart, backbiting, slandering and speaking ill of others. Protect us from this evil so we don't have to give our hard-earned deeds away to the people we have wronged.

Ya Allah, protect us from malice, jealousy, self-admiration, showing off, hypocrisy, laziness, lies and deceitfulness.

Ya Allah, protect our knowledge, protect it from disappearing. Allow us, to guide people, aright. Allow us to have our references and reasons ready, help us in eloquence and help us in righteous speech. Help us guide the ignorant, help us guide the stubborn; help us guide those who refuse only because their parents followed a certain way.

Ya Allah, guide the ones who are lost and gift them the right Islam, open their hearts and minds to the truth in this world; before it's too late. Ya Allah, help us move forth towards higher forms of knowledge, bring us success in it.

## Expressing Gratitude

Ya Allah, allow us to always say Alhamdulillah, at every turn of our life. Even if our hearts are heavy, allow our tongues to praise you in Hamd and Shukr.

Alhamdulillah for the immaculate upbringing. For the righteous parents and rightly guided teachers. Not many are blessed with this element. Alhamdulillah. Bless our parents for the righteous upbringing and reward them in this dunya and in the akhirah.

Alhamdulillah for every small and big blessing you have sent my way, those that I asked for and those that you sent my way without asking. From the way, you have created me to every person in my life who is a blessing. For every materialistic and non-materialistic blessing that has come my way.

Alhamdulillah for everything ya Rabb. Alhamdulillah for the ease that you have poured over us. Ease in our work, ease in our lives and ease in our relationships.

Ya Rabbi we always see how situations break us, but we never see how you open new avenues to heal us. Help us be grateful to you for every opening, every word that reaches our ears that becomes a source of comfort. You indeed fulfil your promise of 'Fa innama al Usri yusra' Indeed there is ease after hardships.

## For Parents and Siblings

Ya Allah, You are Al Gaffaar. Forgive my parents. Reward them in the greatest measures in this dunya and akhirah. Ya Allah, elevate their ranks and grant them Jannah al Firdaus. Make me coolness of their eyes in their old age.

Ya Allah, grant my siblings success in this Dunya and Akhirah. Guide them and all relatives on the straight path, fill their hearts with a desire for Islam. Oh Allah, bind my siblings together with love. Do not let shayateen break our bond.

Ya Allah, lead them to pious spouses and adorn their marriages with taqwa and bless them with pious and healthy offspring.

Ya Allah, protect my family from evil, calamities, enviers and the shayaateen from man and jinn.

Ya Allah, make them of Ahlul (people of the) Quran, guide them to the sunnah and protect them from bi'dah (innovation). Ya Allah, grant them good health, protect them from illnesses, diseases and difficulties of old age.

Ya Allah, save me and my entire family from the Hell Fire and make us enter Jannah without being accounted. Ya Allah, forgive the sins of those who have passed away in my family and the Ummah – young and old.

Ya Allah, grant us all a peaceful time in the barzakh (period between a person's death and his resurrection on the Day of Qiyama) till we meet You and save us from trials of Dajjal, Yajuj and Majuj and the Last Day.

Bless our parents (elders in our family) with a wholesome life, give them ease and peace of mind. Provide for them from your endless rizq. Let us be of those children who mention their parents in every Salah. Allow us to be those children who are blessed with the chance of taking care of their parents. Allow them to have a peaceful, noble and painless end.

Ya Allah, help us be dutiful children. Help us be their support in their coming childhood. Allow them to witness the joys of their grandchildren's grandchildren. Have mercy on them and allow them to be an active part of the upbringing of their progeny. Help us be patient with them like they were patient with us when we were young.



Ya Allah, protect them from the difficulties of old age, protect their eyesight and restore it, protect their health and restore it, protect their bones and joints and restore them, protect their mind and memory and restore it. Protect them in every way so they may perform their ibadah in a perfect manner.

Ya Allah, make us a Sadaqah jariyah for our parents, give them good in this dunya and in the akhirah. Bless them in their graves and give them the happiness of returning to you. Do not make them remorseful. Do not make them sick and weak. Take them at a time when they have repented and you have forgiven them when you're happy and pleased with them.

## For Family

Ya Allah, guide our families, those who are far from your religion and far from the teachings of our Prophet (s.a.w). Guide them to the right path. Provide us with the right knowledge and hikmah to convey that which you have taught.

Ya Allah, help me maintain good ties with all my relatives and preserve us in a respectable and honourable manner. Ya Allah, do not permit others to humiliate, oppress, mock, take advantage of, and ridicule me or my family in any way.

Ya Allah, take away materialism from our bonds and relationships. Mend the ties that have broken due to the evil of money, property, and other things that are the remains of this Dunya. Heal the wounds of the past and pour love into our hearts for each other, for your sake.

Ya Allah, help us be genuinely happy for each other in our family. End the tricks of Shaytaan that makes one family jealous of the other, that which makes one family compete with the other. Pour genuine love into our hearts for each other. Help us be happy for each other's growth and accomplishments.

Ya Allah, help us not be a people pleaser, help us value and help our family members who have nothing, just as we would value and help the ones who have power and wealth.

## For Spouse

### Those who aren't Married

Ya Allah, bless me with a spouse who would be the coolness of my eyes and complete my deen. Someone, who is close to you, whose heart is attached to you and to our beloved Prophet (SAWS) and our Deen. Someone who is kind and compassionate, well mannered, someone who would respect me as a person and as his/her better half.

A spouse who would help me get closer to you. Understand my dreams and ambitions. Someone whom you have blessed with enough sustenance so he can provide for me and our children to come.

Someone who lifts me up when low, lifts my heart and spirit. Someone, who is beautiful inside out. Someone who is worth all my beautiful patience for a beautiful halaal companionship. Someone, who is compatible with me and is of my wavelength.

Someone who creates a place in the heart of my parents. Someone, who could be a good parent to my offspring to come. Someone who knows his/her rights and obligations of this relationship.

Someone who will overlook my shortcoming and flaws and help me do the same to him/her. A spouse who would guard my secrets. Someone, I would look up to and who is an inspiration and source of goodness wherever he/she goes. Someone, who is loyal, chaste and a person with a Qalb-e-Saleem.

### Those who are Married

Ya Allah, bless us, our spouses and our relationships with happiness, peace, and satisfaction. Allow us to find our sanctuary in them, and protect us from the trials of infidelity, suspicion, and doubt. Allow us to grow spiritually closer to you.

Ya Allah, allow our love to grow each day and allow us to become more and more beautiful each day in the eyes of each other.

Ya Allah, reward my spouse with your best reward for his striving for our family. Ya Allah, make the Qur'an and Your Commands be the judge in all our matters, protect us from deviation and protect us from the influence of other's heretic beliefs.

Ya Allah, strengthen our practice of the deen together help us boost each other's iman. Ya Allah, reunite me with my spouse, my entire family and my friends together in the bliss of Jannah al Firdaus.

Ya Allah, allow us to guard our tongues against evil, and protect us from getting angry. Allow us to be patient and give us the hikmah of problem-solving. Protect us and our spouses from the results of our bickering and arguing. Protect us from speaking ill about each other. Protect us from the evil of others and their want to cause turmoil in our marriage. Ya Allah improve our behaviour with each other and guide us to have the best character with each other.

Ya Rabb, provide our spouses with Eeman, Islam, understanding and love for our Deen. Force him/her to abandon the neglectfulness and pull his/her heart towards you, Ya Allah.

Ya Allah, remove us from debt and anything that would weigh us down in matters of faith.

Ya Allah, bring barakah in our relationship, make us the coolness of each other's eyes, help us grow closer in understanding and love.

Ya Allah, shield, increase and protect the love and barakah/blessings between me and my spouse for as long as we live.

Ya Allah, Help us be good to each other. O Allah, Protect our marriage against waswasa (whispers of shaytan) and place mercy between us.

Ya Allah, make this marriage that which will help us reunite as spouses in Jannah.

## **For Parenting and Home (To create a happy home, Allah is pleased with)**

Ya Allah, I beg you to hone and polish my home management skills. To help me manage my time, and my skills in the right way. Save me from bickering and burnout. Accept my efforts towards the family and accept it as a sadaqah from me.

Ya Allah, I turn to You in humility for Your help in parenting my children. Assist me with physical and emotional strength to be a good parent and an example to my children.

Ya Allah, I know that our children are an Amanah/trust from You, to care for and to raise in a manner that is pleasing to You. Help me do that in the best way.

Ya Allah, teach me how to love in a way that You would have me love. Help me where I need to be healed, improved, nurtured, and made whole.

Ya Allah, help me walk in righteousness and integrity so that You may always be pleased with me.

Ya Allah, allow me to be a God-fearing role model with all the communication, teaching and nurturing skills that I may need.

Ya Allah, help me to connect with my children. Help me to bond with them at a level where the love and affection are strong, where there is openness, and respect, and where shaytaan is unable to penetrate.

Ya Allah, please Allah, keep our family always happy and wholesome and a source of goodness so that the light of the family unit guides every individual in the family and protects them from the evils of the dunya.

Ya Allah, keep our home safe so it is a sanctuary against the evil of society. Help us to create an environment where our home is more inviting to our kids than the malls and general social areas and they prefer to be home rather than out on the streets, in clubs, movies, bars, and other such places of evil.

Ya Allah, please Allah grant us barakah in our time so that time is ample for strengthening family relations and much of our time is utilized as such.

Ya Allah, please remove the usage of harsh language and course mannerisms in our home. Maintain respect, kindness, gratitude and mercy and help my children to carry those values to the homes they create in the future.

Ya Allah, help us never, never compare our kids to other children, help us in a way that we never hurt them or let them down.

Ya Allah, save my family's happiness from the evil onlookers. Save my children and my family from bad influences and things like Nazar, Hassad, Magic and everything that would compromise our happiness and peace.

Ya Allah, help me to know what to say to my children that will open up our pathways of communication so that they find it easy to talk to me and do not ever feel the need to hide things from me out of fear or shame.

Ya Allah, help my spouse and me to be the best Muslims we can be so that we are the best role models to our children. Help me not be a hypocrite and force my children to behave in a way that I do not aspire to behave.

Ya Allah, the family is the cornerstone of a stable society so please strengthen my family with iman so that we are proud flag bearers of Islam and through our stable, solid family unit may the ummah be strengthened in both unity and Imaan.

## Men

Ya Allah, help us be the responsible Shepards of our homes and Ummah, help us defend the honour, help us be responsible for our flock for we know we will be questioned about it.

Ya Allah, help us be good providers unto our parents, spouses, siblings, and children. Pour ease on us, open doors of rizq for us. Help us pay our debts and open doors of halal income for us.

Ya Allah helps us complete our deen in a halal way and when we have completed our deen help us love our wife, help us provide for them and help them grow and nurture in deen and in their dreams to contribute to the Ummah and family.

Ya Allah, do not let the glamour of worldly comforts make us forget that our purpose here is to worship you. Keep bringing our hearts and intentions back to you. Accept our striving in the cause of our families as an ibadah, purify our intentions and it is from unto You that we seek rewards.

Help us nurture our children in the right way, help us be the role model full of Taqwa and Tawaakal, help us be the right inspiration to them, and help them be better than us in every way Ya Rabbi.

Safeguard us from all the evil and fitna that exists. Fitna of money, power, lust, and every other evil that is known to destroy our good deeds and lives. Ya Allah, You know our weaknesses so strengthen us.

Ya Allah, help us return to our homes after a long day at work to find sukoon. Bless us with a spouse that cares and loves. Parents who make dua for success of both the worlds. Children who are grateful for whatever little I am able to provide with Your help. Keep the tricks of Shaitaan away from our homes. Make it a home where You pour blessings. A home that breaks bread with Bismillah and gives thanks to You after every meal. Is grateful to you for every cloth, every morsel that comes to the table, and every amenity and comfort that comes into our doors.

Ya Allah, help us with a good shelter, a blessed neighbourhood that guards our family when we are away and does not look at our family with wrong intentions.

Ya Allah, strengthen the Muslim Brethren, let us help each other and not pull each other down in the worldly competition. Help us strengthen our bonds and meet and part for good and in good words and action. Bless us with friends who are like musk, whose company makes our deeds and thoughts good. Guide our friends who are on shirk and are earning haram income to the right ways. Save us from being jealous of each other's progress, bless us with Husn e Zann towards each of them, and overlook their shortcomings.

Help us uphold every family tie, and look into our extended families and community in need of our help and kindness. Purify our intentions and bless us with ease in all our matters.

## For Children

### Those who are seeking Children

**(There are beautiful Du'as from the Qur'an for offspring. Include that in your daily routine.)**

Ya Allah, you bestow your blessings on those you will, please make me from those who receive this beautiful blessing of pious progeny.

Ya Allah, grant me a lineage of righteous offspring until Yawm al Qiyaamah. Ya Allah you bestow sons to those you will, you bestow daughters to those you will, you bestow both to those you will and you bestow none to those you will. I beg you to bestow me a pious, beautiful, healthy offspring.

Ya Allah, do not let me be of those to whom you deprive this beautiful blessing. Grant me an offspring that will be my Sadaqah Jariyah. Grant me an offspring that will make you and our beloved Prophet s.a.w proud. A progeny that be will be a blessing and not a test.

Our children, when they are born, let no sickness, no deformities, disabilities, no deficiency touch them.

Ya Allah, bless them to be normal, healthy, beautiful children. Protected from Shaitaan and his followers. Protect them from Hassad and ayn and calamities.

Protect them from the hate and jealousy of people, protect them from the Ayn and Sihr of people. Protect them from the Shayaateen of men and jinn.

### Those who have Children (exclusively for children)

Ya Allah, you know what our children need. Help and guide us in praying for our children.

Ya Allah, put a hedge of safety around our children. Protect their bodies, minds, and emotions from any kind of evil and harm. Ya Allah, I pray that You protect them from accidents, diseases, injuries, and any other physical, mental, or emotional afflictions and abuse. Save our children from any form of physical, mental, or psychological abuse. Ya Allah, save our children from oppression of any kind, ill-treatment, humiliation and a target of any conspiracy and falsehood.

Ya Allah, I pray that You keep our children free from any addictions and vices. Draw them close to You for protection from every ill and evil influence of our society, whether it's apparent to us or not.

Guide their inclinations so that in an adverse situation their feeling would be to turn to You first and then to the family instead of turning to dunya. Shine Your light on any secret or unseen rebellion in their hearts and destroy it before it takes root.

Ya Allah, grant them the best of the company as their friends — people who will inspire them to love, worship and obey You.

Ya Allah, grant our children hidaya/guidance and a heart that loves to obey You.

Ya Allah, guide them away from any pride, selfishness, jealousy, hypocrisy, malice, and greed and make them uncomfortable with sins. Help noor reach into their hearts with Your love and reverence today and always.

Ya Allah, make apparent to them the truth in any situation and let them not be misled by falsehood.

Ya Allah, grant our children the ability to make clear decisions and let them always be attracted to good things that are pure, noble, true, and just.

Ya Allah, guide them in making choices that please You. Ya Allah, help them to taste the sweetness of walking with a humble spirit in obedience and submission to You.

Ya Allah, grant them the wisdom to choose their words carefully and bless them with a generous and caring spirit.

Ya Allah, I pray that they never stray from the path of deen and that You give them a future filled with Your best promises.

Ya Allah, always keep our children cleansed and pure from evil and shaytaan. Ya Allah, keep them steadfast in establishing Salaah and help them revere the Glorious Quran as Your Word and Law and to read it with understanding daily. Let it be their source of light and guidance.

Ya Allah, let our daughters love wearing Hijab and Abayah and our sons the dress of modesty. Let their dress be a representation of their Imaan and of their love and respect for Your commands. Help our children stay away from fitna and lower their gaze.

Lead them to a position where they rely truly on Your power alone and fear You in the open and in secret. Ya Allah, make them so strong in their deen that they never encounter doubt.

Ya Allah, do not allow any negative attitude to have a place in the lives of our children.

Ya Allah, guide our children in honouring and obeying You, Your Prophet (peace be upon him), and us as parents (when we are commanding that which is pleasing to You).

Ya Allah, fill our children with compassion and caring that will overflow to each member of our family.



Ya Allah, help them, love, value, appreciate and respect one another with good communication between them always.

Ya Allah, drive out any division between our children and bring them healing. I pray there be no strain, breach, misunderstanding, arguing, fighting, or severing of ties.

Ya Allah, allow them to one day marry righteous, God-fearing, kind, hard-working, intelligent, healthy spouses who get along well with them. Pour respect and love in every member of our family and who lead our children (i.e. their spouses) even closer to You and Jannat ul Firdaus.

Ya Allah, please grant me and my spouse the company of pious friends, relatives, extended community members, and teachers who will be inspirational role models for my children and will help me raise them to be the best of believers.

Ya Allah, please don't let me become self-satisfied and arrogant in my parenting, but please don't humble me or shame me through my children's misdeeds either. Please let me always give credit for their good character to You and please don't ever let me stop praying for them.

Ya Allah, protect my children from debt. Make them givers and not takers.

Ya Allah, help my children in their worldly academics and studies. Help us choose the right place for them, a safe place that would help them grow and learn. Save them from a dull mind and from behavioural and learning disorders. From developmental delays, disabilities, and small and big accidents of any kind.

Grant my children noble professions with halal incomes that give them respect and dignity in Your Eyes and in the eyes of their fellow human beings.

Ya Allah, grant them worldly comfort so that my children can come to You through the door of gratitude and so that they are not forced to come to You through the door of patience. Please let them always be grateful and patient.

Ya Allah, I pray for a close, loving, happy and fulfilling relationship with them for all the days of our lives and to be reunited with them in Jannat ul Firdaus.

Ya Allah, make our children the coolness of our eyes, grant them piety and make them Sadaqah Jariyah for me and my spouse.

Let them be leaders of the future ummah. Make them respectful and respected. Ya Allah, make our children the workers for your Deen, Hufaadh, who act upon what they have memorized and teach it to others. Make them da'ees, imams, Muaddhin, Mujahids, Aalim, fuqaha, scholars and shaheeds, and the same to our daughters... Hafidah, Aalimah, Mujahidah etc.

Ya Allah, grant our children success in Deen, Duniya and Aakhirah and grant us a lineage of righteous offspring until Yawm al Qiyaamah. Grant my children and their children to come good tarbiyyah and parenting skills, so they can guide their line of progeny and lineage to not be lost, leave Islam or commit Shirk.

Ya Allah, unite our entire lineage in Jannah Al Firdaus, Ya Allah, make them become the reason for our place in Jannah and shield against the Hellfire.

Ya Allah, protect my children and their progeny, my siblings and their progeny from all the deviant beliefs. Protect them from all the shirk and bid'ah and do not let even their shadows fall upon them. Preserve them in a beautiful manner and protect their Eemaan from these evil.

Ya Allah, protect our children from the evils that are within us and bless them with all the good we have. Ya Allah, save our children from the impact of our mistakes in their lives. Bless them with the best qualities from us and shield them from our flaws, limitations, weaknesses and shortcomings from being inherited.

Ya Allah, please don't let my children be picky about anything. Let them eat and enjoy every little thing we have to offer. Let them be happy and satisfied with everything given, may it be loads, little or nothing.

May the light of Eeman be with them when they are born and let their faces be bright. Bless them with immense beauty of heart, mind, soul and the beauty of looks.

Ya Allah, perfect their limbs so they can walk to the right gatherings, perfect their tongues so they can talk the right things, perfect their hands to do the right things, perfect their ears so hear the right things. Protect them and guide each part of their bodies ya Rabbi.

Make our children independent of us confident and able. Help them do deeds and actions independently. Without us having to keep reminding them. Make them not need us to be behind them for each and every task.

Grant them skill, dexterity, intelligence, elegance and the ability to be street smart. Give them a heart that gives, forgives, respects and honours people.

Ya Allah, bless us with children that have no tantrums, no bad behaviour and are not difficult. Make them well behaved, righteous, steadfast on their Eeman. Make them better than us in Eeman and Islam. Ya Allah, save our children from the glitz and glamour of materialism, power, competition and jealousy.

Ya Allah, protect our children from the impact of our sins on their lives. Protect them and us from the shayateen of men and jinn.

Let us have the knowledge and skill to teach them the right Islam. Make us perfect parents and bless us with guidance to deal with them. Give us the physical, emotional, and spiritual ability to bring them up in the right Islam. Allow us to be good examples for them to follow.

Provide us to provide them with a better future. Increase us in sabr at each of their milestones and developments in life. Help us overlook their flaws, help us imbibe etiquettes and success so we can give them a good childhood and akhlaq as they grow under our shade.

Ya Allah, make them become the reason for our place in Jannah and shield against the Hellfire. Ya Allah, save me and my entire family from the hell and make us enter Jannatul Firdaus without being accounted for.

Ya Allah, elevate my rank, my parents' rank, my spouse's rank, my siblings' ranks, their families' ranks, my elder's ranks, my aunts and uncles' ranks, my friend's ranks, their parents' ranks, and everyone near and dear to me.

## For navigating through different milestones in life with Ease

Ya Allah, we are born, and to you is our final return, Ya Allah in this journey from You to You, there are different stages we go through, we grow weak and weaker by the day. Please bless us with the strength to navigate through the hurdles of life with ease.

Ya Allah, as students we think we have a lot on our plate until we enter the work sphere when we think it cannot get any harder, we get married and start taking up roles and responsibilities, with children and with children growing each day and having to nurture them while we are ageing we understand that Dunya is but a testing place and our ultimate final abode is Jannah. Ya Allah. Please bless us with the strength to cope with each milestone and stage of life with ease. Don't make us just sail through these storms but help us reach the shore in peace and goodness and physical and mental wellbeing. Help us pass these stages and tests with flying colour so when we meet you on the Day of Judgment we are surprised with our deeds for having endured these tests with patience and tawakkal.

Ya Allah when I see my dear sisters in Ummah around me. Some are struggling to find the right spouse and their aged parents are having sleepless nights, some are struggling to have children, and going through painful procedures in the hope of a blessing from you, some are having multiple miscarriages and are longing from ages to be a mother, some have come back with a divorce and having lost all hope in this beautiful institution of marriage, some are struggling and drowning with work and responsibilities and are making their feet and spirit crack, some are battling the complexities of different relationships in life and finding it very hard to be patient, some are put up with spouses who suffer from physical and psychological ailments and are at the brink of giving up, some are struggling to breastfeed, heal physically from becoming a new mother, potty train children, feeding children who refuse to eat despite hours of attempts, teach children the right morals, some are struggling to raise children with anger issues, gadget addictions, children on substance abuse, in the wrong company of friends, indulged in the Dunya and its pleasures, lost in life.

Ya Allah, you are the only one who understands all their pain and suffering. We know you wish to elevate us all with the struggles of the Dunya, if it was in the hands of our mothers they would take away all the pain and sufferings from our life but you are our creator who loves us more than 70 mothers, you know this path we are treading is building us in good deeds to enter Jannah. Preserve us our deeds, multiply the deeds on our scales. We beg you Ya Rahman Ya Raheem, bless us with the strength to pass these tests of worldly life with ease. Pour pour pour aafiyah on us and our affairs in life. Bless them all with khair, for indeed all matters return to you my Rabb.

Ya Allah you do not burden a soul beyond that it can bear. When you make us guardians of young and old, of leaders in organizations, help us carry out these responsibilities that burden our shoulders with ease. Give us the strength to be organized to make use of our time in the best way.

## For Righteous Friends, Neighbours and to ease the suffering Ummah

Ya Allah, grant us friends those that will be the coolness of our eyes, those that will remind us of you. Those that will encourage us of good and forbid us from evil. Those that will celebrate every small and big accomplishment which comes our way with us and not the ones who would wish to see our decline behind our backs. Help us encourage and strengthen each other instead of breaking each other's morale apart. Help us support each other and our dreams of contributing the society in our little and grand ways. Save us from backbiting and slandering our sisters, help us make sincere duas for them, and counsel them in private when we see them falter. Preserve each and every woman's dignity and respect at the hands of those who want to destroy it in any way.

Ya Allah, grant those who are unmarried, the blessings of marriage and make their spouses the coolness of their eyes and grant my family and friends who are waiting for the blessing of a child – with a righteous, beautiful and dutiful Muslim child.

Ya Allah, guide the deviants towards Islam, Ya Allah, unite the hearts of those undergoing family/marital difficulties. Ya Allah Grant your perfect cure to those who are sick.

Ya Allah, elevate the ranks of my parents, spouse's parents, my sisters, and brothers, my elders, and the entire Ummah. Help us strive toward goodness and shun the paths of evil.

Ya Allah, wake our ummah in the light of the Qur'an and Sunnah. Help us wake up from our slumber, help us turn back to you, help us leave our jahiliyyah and extravagance. Help us do deeds that please you. Rectify our hearts, lives, families, and community at large.

Ya Allah, never stop guiding us all, our spouses and children and keep us as a community on the right path. Ya Allah, help us with memorizing and practising the Qur'an. Ya Allah, lead us to pious spouses and grant us righteous children for a stronger society and Ummah.

Ya Allah, help us as a community wake up early, fill our masjids during Fajr, help us start our days with fajr instead of work or school. Change us from within. Change our priorities in life to the right and haqq ya Rabbi.

Ya Allah, we as a community have lost simplicity and the feeling of being content. We have become overindulgent in food, clothing, and shelter. Everything that can be the bare minimum on a need basis. Our weddings have become extravagant and lost tranquillity in it. Our designer clothes running into wardrobes have failed to cover us. Time and again extravagant home décor renovations have failed to get the mansions we live in peace and sukoon. Ya Allah, Help us become Zahid and Zahidah, Help us practice Zuhd, help us be happy and content with what we have, and spend our money in Sadaqah, on building educational institutions, and hospitals, care centres, ambulances, that will benefit humanity at large. Bring us back the sukoon, the spirit to help those in need instead of catering to our greed and following our desires blindly.

Ya Allah, grant us health and yaqeen/certainty. Ya Allah, help us play a beneficial role in the Ummah. Ya Allah, protect our marriages and our faith and Eeman. Ya Allah, protect us from the horror of Yawm al Qiyama and grant us Jannatul Firdaws.

Ya Allah, protect us from the Fire. Ya Allah, unite the hearts of my worldly companions who work for You and strengthen our brotherhood/sisterhood. Ya Allah, make our relationship stronger by serving you and remembering you whilst together.

Ya Allah. guide us, our families, our neighbours, our community and our ummah. Relieve those who are deprived, burdened, oppressed, and in debt.

Ya Allah, protect my brothers and sisters across the war zones from the fitnah of this world, the persecution, rape, slaughter, humiliation, hunger, drought, deprivation, suffering, and all the pain they have been afflicted with. Ya Allah, relieve their sufferings, reward them for their sabr and elevate their ranks in this dunya and the Akhirah.

Oh Allah, lift the veils from the eyes of those who have been deceived into seeing Islam as something bad because of ignorance and media stereotypes. Oh Allah, bring all humans closer to You and each other. Please do not make us Muslims a test for them with our misrepresentation of Islam or because of our bad behaviour.

Ya Allah, relieve the hungry, take care of the single mother, widows and orphans and Muslims with physical diseases and psychological diseases, reward them all with Jannah Al Firdaus. Ya Allah, give guidance to our youth, our scholars, and our leaders.

## Against Oppressors

Ya Allah, we are being stripped of our honour and dignity in every nook and corner of the world. Everywhere in the world, we are struggling to hold on to our Deen. We are being stripped of our basic right to cover at the hands of the oppressors. Ya Allah, bring their downfall and strengthen us with strength. Help us hold on to our deen even firmly, guide the ones who are astray, bless and protect those who are raising their voices against these corrupt regimes and standing up to these regimes in person, word, speech or action. Soften the hearts around Ya Allah, protect us our lives, and our families.

Ya Allah, bring the downfall, humiliation, and destruction of these modern-day pharaohs and oppressors. Destroy them with such wrath that none has ever seen, known, or thought of before. Avenge the blood of the shaheed, avenge the wailing mothers, avenge the orphans, and avenge the grieving fathers. Avenge all those that are dying due to the injustice of these oppressors. Protect them and what's left of their houses and families and give them compensation better than what they could ever imagine. Relieve their sufferings and elevate their ranks.

Forgive the Muslim Ummah – the living and the dead. Bless the Muslims all around the world, and ease their suffering. Grant victory to the oppressed, grant life with no war and hostility. Fill their hearts with Eeman, reunite them with their families and punish and humiliate the oppressors in this dunya and make them taste your wrath in the Akhirah.

## For Forgiveness

Ya Allah, forgive us if we have hurt someone intentionally or unintentionally. Forgive us if we have hurt others while joking, or lied to make people laugh.

Ya Allah, help people forgive us if they have vowed that they will never forgive us and hold us into account in the akhirah, pour Reham (mercy) in their hearts to forgive us for making mistakes in our Jahilliya. Forgive us in all the obligations towards you that we have failed, delayed, or done with wrong intentions.

Ya Allah, help us keep making tawbah, accept our tawbah and istaghfar, delete it off our accounts the way a dirty cloth is cleaned with water. Ya Allah, cleanse our hearts of sin, cleanse our minds from sin, cleanse our tongues from sin, cleanse our souls from sin, cleanse our limbs from sin and cleanse us completely from sin.

Ya Allah, do not bring an end to our lives without us having a chance to make sincere repentance to You and to those we have wronged. Help us return to you, clean slate. Help us through all the stages until we reach Jannah, Help us pass Qantarah (Small arched bridge) with ease having no scores to settle for wronging others.

Forgive us Ya Allah so we reach our final homes in Jannah and recognize them better than the homes of this Dunya.

## **For the Deceased and those who have left us**

Ya Allah, have mercy on us, the living and the ones who have passed away. Ya Allah, I pray you to have mercy on those who have no one to pray for them. Ya Allah, have mercy on them, forgive them their sins, gift them Jannah, make their hisab easy and reunite them with their families.

Forgive each and every person who has passed away from my family and my progeny to come, help us unite with each in Jannah.

## **For a good Death and Khatma bil Khair**

Ya Allah, make the coming of death easy for us, allow our graves to be spacious, and allow the coming of Munkar and Nakir easy for us. Allow us to have the answers to their questions and allow them to accept our responses. Lighten the questioning for us. Let our last words in this world be the shahadah.

Ya Allah, bless us with a beautiful end, an end that's honourable and painless. A death that is not harsh on us and not harsh on our families. Clothe us with the clothes of Jannah and bless us with their fragrance. Ya Allah, make us of the people who long to meet You and You long to meet them.

Open a window of Jannah for us in our graves and make it be spacious and bright. Allow our good deeds to be worthy in this world, that they accompany us in our graves. Allow us to have a peaceful time in barzakh, without any fear or anguish.

Oh Allah, make my grave a garden from the gardens of paradise and don't make it a pit from the pits of hell.

Protect us from all the torments of the grave. Protect us from its tight embrace, from its darkness, from its torture, from its torment and from the loneliness within.



Grant us an honourable resurrection among honourable people of mankind. Ya Allah, take our souls at a time that you are happy with us, in a state of ibadah or in a state of helping someone, while we are striving in your cause or in your beloved city of Madinah.

O Allah, Make the best part of my life, the end of it. The last of my deeds, the best, and the best of my days, the day that I meet You and see your face (in Jannah)

## For Akhirah and Jannah

Ya Allah, forgive us all for our shortcomings. The sins we committed in the open, the sins we committed in private and the sins we committed collectively. The sins we committed in the morning daylight, the sins we committed in the depth of the night. Forgive us for the sins we initiated and the sins we followed. The sins that we committed again and again after repenting or the sins we did once and forgot that we even did. Forgive us for the things we commit that we may not consider a sin. Ya Affu, Forgive us in such a way that leaves no trace of ever having sinned. There's no forgiveness except from you, if you don't forgive us – we will be the ultimate losers.

Ya Allah, give us Jannah, make us worthy enough to beg you for Jannah. The highest rank in the Illiyin, with the noble souls and Prophets (peace be upon them all). Amongst the Ar- Rafeeq Ul A'la (The Most exalted companionship on high) and in the company of the righteous- (ma'al Abrar).

Ya Allah, accept our good deeds, those which we fight hard with our nafs to perform. Those which we struggle to perform before Dawn. Those which we hide and do. Those which we persistently do. Those that lighten our pockets. Those which churn our stomachs. Those that don't seem worth it. Accept from us all our deeds, the little that we have, please multiply it for us.

Ya Allah, help us be the people of Jannah, help us do the actions of the people of Jannah, help us use the speech of the people of Jannah. Ya Allah, protect us from hell and keep us far away from it.

Provide for us tranquillity in our hearts, the anticipation of entering Jannah and the anticipation of seeing you. Ya Allah, make us successful in weighing our deeds, allow the scale to be weighted towards our good and lighter towards the bad.

Ya Allah, do not expose my sins in front of anyone, do not expose my shortcomings, my weaknesses and my evil to anyone. Rabbi, shield me from exposure and protect my secrets.

Allow us to be of the people that would have the shade of your throne when there's no shade at all. Allow us to make sujood to you when you lift the veil from our sights. Do not make us of the people whose backs would be stiffened and they'd be deprived of your sight.

Ya Allah, grant us the privilege of being those people who get the book in their right hands with no hisab. Allow us to enter Jannah with only your mercy. Ya Allah, do not hold us accountable on that day, for if you do, indeed there would be no escaping your justice.

Ya Allah, hand us our book of deeds in the right hand. Ya Allah, do not let us be of those that receive it in any other form. Allow us to be those who share their books with people in happiness.

Ya Allah, make us the People of the right or people of the front. Those of whom sip from goblets while lounging on gold couches. Ya Allah, make us of those who have shade with the honourable and the pious. Those with quick or no hisab.

Ya Allah, grant us the favour of drinking from Al Kawthar. Grant us the drink by our beloved Prophet's hands (s.a.w), when thirst would overcome every living soul.

Ya Allah, permit us to be of the crowd that is ushered towards the Prophet and not the crowd of people that will be shunned away from him because of their deviance (biddah).

*Reference: It was narrated that Sahl ibn Sa'd said: The Prophet (blessings and peace of Allah be upon him) said: "I will reach the Cistern ahead of you. He who comes to me will drink, and whoever drinks will never thirst again. There will come to me some people whom I will recognize and they will recognize me, then they will be prevented from reaching me. I shall say: 'They are of me,' but it will be said: 'You do not know what they introduced after you were gone.' So I shall say: 'Away, away with those who changed (the religion) after I was gone.'"*

*Narrated by al-Bukhaari (6212) and Muslim (2290).*

Ya Allah, do not make this dunya a greater concern to us than our Aakhirah. Do not make the glamour of this dunya a cause of longing and the root of our sadness. Remind us that this life is temporary and only but a station for a short while.

Ya Allah, make the crossing of the Siraat easy for us. Allow us to pass through with a flash. Do not make us of those who beg for light, do not make us of those whose lights fluctuate, do not make us of those who fall off it. Ya Allah, protect us from the failure of this test. Ya Allah, ease my crossing of the Siraat and Qantarah (bridges before Paradise).

Ya Allah, make our lights very bright, in this world and in the end. Ya Allah, bless us with the light of your Deen, the light of belief, the light of submission and the light of staying on the path of Muhammad (s.a.w).

Ya Allah, protect us from the fitnah of the Dajjal, protect us from the fitnah of Yajuj and Majuj. Protect us from these trials that we know we are incapable of going through. Protect us and our families, our progenies from this fitnah.

If we happen to be alive at the time of that fitnah, us our children or any of our progeny – Allah make them of the group of people that will accompany Eesa (AS).

Ya Allah, Favour us with the ultimate bliss of seeing You in the Hereafter. Ya Allah, forgive me for anything I forgot to mention and give me more than what I intended in the Dunya and in the Akhira.

**Ya Allah, bless and guide the person who compiled this dua list, guide the members of her family who are lost, immersed in shirk and have left Islam. Show them khair and goodness of the work they do in your path in their progeny and by rewarding them immensely for the same on the Day of Judgement. Bless and guide those whose lists were used to create it, and make this a source of Sadaqah Jariyah (ongoing charity) for all of them and their families. Ameen.**

## References

From the personal du'as of Nada Moin, H.O.D Hifdh, The Grandeur International School, Bangalore and Anzalna Karte, Teacher at Al Manar Tarbiyah Weekend School, Dubai.

The Ideal Muslimah by Shamsiya Noorul Quloob

Ultimate Ramadhan du'a List -Thurrock Muslim Parents Society

Your Ultimate Du'a List- compiled by SISTERS' PROJECT

31 Personal Duas to choose from on the Night of Power

Naila's Diary: Ramadan Dua List

## About The Cognate

The Cognate is a digital news platform of Indian Muslim news, ideas, culture, and business. Our content includes news, ground reportage, interviews, and short explanatory videos. We report and write on a wide range of issues and events, concerning the Muslim community in India.

**the  
Cognate**